

# Infection Control

## Pathogen Primer

### H1N1 (Flu)

#### H1N1 (Flu) explained

H1N1, also known as Swine Flu, is a Type A influenza virus that causes respiratory disease in pigs. A variant form denoted by the letter "v" (H1N1v) can infect humans.

#### How you get sick from H1N1 (Flu)

H1N1 is contagious among pigs. Humans can contract this virus with exposure to infected pigs. Examples include children being near infected pigs at fairs or workers who are around swine. Once a person contracts the variant form, it can spread to another person through the air, contact with droplets of infected saliva through talking or coughing, and physical contact with an infected person.

#### Information about H1N1 (Flu)

- On June 11th, 2009, the World Health Organization declared a global pandemic of H1N1 and this lasted until August 10th, 2010.
- People who contract H1N1v will experience similar symptoms of seasonal influenza.
- The severity of the flu is unpredictable and varies from person to person; from mild symptoms to death. The best way to not contract the flu is to get vaccinated, avoid crowds during peak flu season, and to practice good hygiene.

#### Other Information

There is an available vaccine specifically for pigs to prevent swine flu.

#### Infection Control Strategies

Annual influenza vaccination, frequent hand washing and sanitation, avoid touching the eyes, nose, and mouth area, disinfecting surfaces, and taking protective measures when coming in contact with pigs. More info on the CDC H1N1 (Swine Flu) Webpage.

Multi-Clean Disinfectants: All Multi-Clean disinfectants have claims for Influenza including H1N1, H3N2, H1N1.

#### Multi-Clean Disinfectant Products

- E-Fecticide 128
- Millennium Q 64
- Chlorinated Tablets
- Century Q Wipes
- Century Q 256
- Microcide TB

